

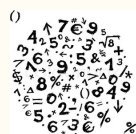
# SUSTAINABLE AND ACTIVE TRAVEL:

## ACTIVITY 1

### SUBJECT



Geography



Math



Social  
Studies

### MATERIAL



#### Suggested Tools:

Google maps

Foursquare

PowerPoint

Sample grid

### OBJECTIVES

- Understand the concept of sustainability
- Sustainable travel importance

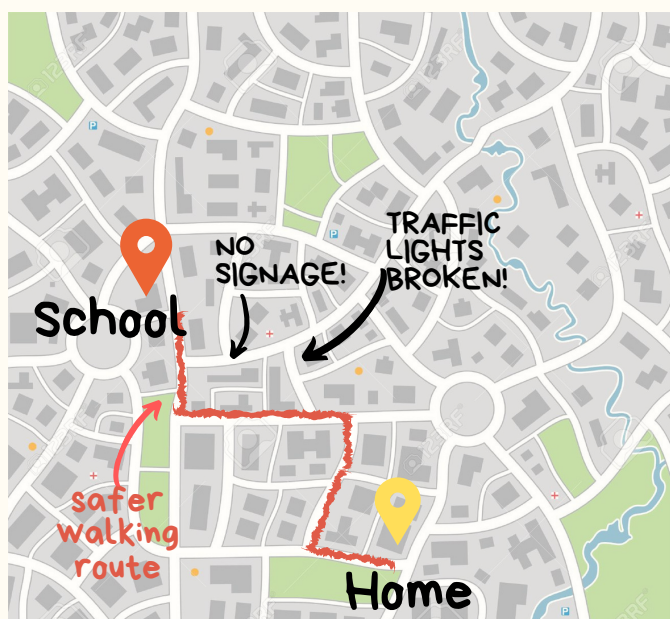
### ACTIVITY OUTLINE

This is a practical activity for students related to the risks they face during their everyday experience and applies to what they have already learned in terms of road safety. Students use to travel from home to school around 400 times per year. This activity will help them to reconsider their daily journey and think of ways to make it as safe as possible.

You need to find a map or you can draw one that shows the journey to school and back. You will need 1 hour to prepare the journey and extra time to prepare the results. Start by getting the students to make a list of possible routes (on foot, on bus, combining more than one modes of transport) and analyse them in terms of possible hazards. They should think about things that could harm them, how possible it is to happen and actions to be taken in order to stay safe on the road.



### IN CLASS ACTIVITY



Stages of journey	Hazards	Risk	How to make my journey safer
Walk along on the road cause there is no pavement	Being hit by a vehicle	Medium/high	Walk at the edge of the lane facing the oncoming traffic. Wear bright clothing.
waiting for the bus at the bus stop.	Being hit by a car while waiting on the road	Medium/low	Stay Alert
Get on the bus	Fall of if the bus stops suddenly	low	Find seat and or hold on to a railing if standing
Get off the bus and cross the road - arrive at school	Being hit by a vehicle	Medium	Wait for the bus to pull away. Find a place with good visibility to cross. Stop, look left, right and left, listen before crossing

## DISCUSSION - REFLECTION

Gather the students back together in order to present their findings. Discuss how they can reduce the risks on their daily routes through specific actions. Find the safest route to school.

## JOIN THE NETWORK!

Are you interested to improve your knowledge on Traffic Safety Education, learn and inspire your students in order to develop educational projects that are proposing solutions to road safety problems?

Visit [www.kros-project.eu](http://www.kros-project.eu)  
and fill in the online application form!

## KROS PARTNERS



Knights for Road Safety (KROS) is an Erasmus+ programme (KA2 - Cooperation for Innovation and the Exchange of Good Practices : Strategic Partnerships for school education), focusing on open education and innovative practices in a digital era, aiming to strengthen the profiles of teaching profession. KROS is funded by Erasmus+ Programme of the European Union.

# SUSTAINABLE AND ACTIVE TRAVEL:

## ACTIVITY 2

### SUBJECT



Geography



Social Studies



Health Education

### OBJECTIVES

- Realize the rules of safe cycling
- Promote safer attitudes and behaviours on the roads and increase traffic safety culture



### IN CLASS ACTIVITY



Figure 1: Video "Safe Passing Distance"

### MATERIAL

- ✓ **Video "Safe Passing Distance"**  
<https://www.youtube.com/watch?v=cmYJ6pjQAzg>
- ✓ **Computer/Whiteboard/Projector/tablet**  
(One device per team)
- ✓ **<https://padlet.com/>**
- ✓ **MS Power Point or similar software**

### ACTIVITY OUTLINE

- 1. Warm up:** All students watch the video "Safe Passing Distance" (5 mins)
- 2. Setup:** Divide into teams (4/5 students). Each team decides to represent the views of a specific road user - Car Driver or Cyclist (5 mins)
- 3. Investigate:** Teams (from their point of view) use Padlet to discuss and record findings using following questions (15 mins)
  - a. Who is the video aimed at?
  - b. What is the video trying to say?
  - c. How could it be more effective ?What should driver/cyclists do to take more responsibility ?
- 4. Create:** Each team creates a presentation of picture slides (no text) with their findings (15 mins)

**5.Present & Reflect:** During presentations, Car Driver and Cyclist teams are paired and offer critiques on each other's presentation findings. Teams update Padlet files following reflection (20 mins)

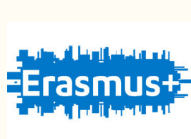
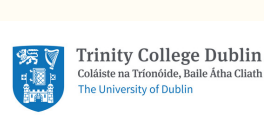
## DISCUSSION - REFLECTION

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