

OD VRTA DO STOLA

Through tradition and modernity, from the garden to the table



CROATIA STUDENTS AGED FROM 11 TO 14 HEALTHY DIET EATING HABITS

THE SCHOOL

- Jelenje – Dražice Elementary school
- A small school in a village
- The school promotes an active and healthy life in the community

Familiarity with the open schooling approach before joining the SALL project

Beginner

Experienced

AHA MOMENTS

Shared by the school leader: “This project is a great way to encourage students to live a healthier lifestyle.”

By students: The students involved in the project were thrilled to learn something new and to participate in creating something different and significant for their school.

By societal actors: The societal actors involved saw the project has a great opportunity to show students and teachers their unique savoir-faire.

THE LIVING LAB PROJECT



THE PROBLEM(S)

The living lab chose to address the issue of a nonnutritious diet. The participants wanted to develop healthier eating habits and to be able to distinguish between healthy and unhealthy foods.



THE COMMUNITY

- Parents gave support to the students at home, specially for preparing and testing meals
- A family agricultural business introduced the students with the manufacturing of ecological corn flour and cheese.



THE SOLUTIONS

- Engage students in activities from farm to fork
- Encourage healthy eating habits within the school



THE PROTOTYPES

- A fresh herbs garden within the school
- A survey to study eating habits
- Meal preparation sessions
- A digital cookbook



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